

Personalized Care Plan

1. Skilled Nursing: Skilled nursing includes a range of healthcare services from helping with activities of daily living to filling medication boxes and dressing changes for wounds.

- Diabetes
- Stroke
- Wound Management
- Post-surgical Recovery
- Orthopedic Rehabilitation
- Pain Management
- Pulmonary Care, and more
- Assessments of physical state
- Assessments of mental state
- Catheter changing
- Dressing changes
- Antibiotic infusions
- Medicine organization

2. Home Health Aide: Services our home health aides provide to clients include the following.

- Light Housekeeping
- Cooking
- Grocery Shopping
- Checking Vitals
- Medicine Organization Assistance
- Dressing Assistance, and more.

3. Long-Term Home Care: Long-Term Care services are reserved for individuals who temporarily or permanently require assistance with their daily activities. The long-term health care program was designed to offer an individual's primary caregiver relief and support when caregiving becomes difficult.

- Personal Care
- Therapy
- Household Help
- Medication Management
- Wound Care
- Nutrition and more.

4. Physical Therapy: When your body is in pain after an accident, during recovery from a surgical procedure, or has exacerbation from disease, physical therapy can be one of the greatest benefits to get yourself back to peak physical condition. Physical therapy is a prescribed exercise treatment program that assigns patients to a physical therapist who assists them with.



5. Occupational Therapy: Occupational therapy helps individuals overcome problems with mobility and coordination. Occupational therapy is an excellent program for individuals living with the following conditions:

- Birth Defects
- Birth Injuries
- Autism
- Sensory Processing Issues
- Rheumatoid Arthritis
- Mental Health Conditions
- Behavioral Disorders
- Broken Bones
- Orthopedic Injuries
- Strokes
- Alzheimer's Disease



6. Speech Therapy: Many people who require speech therapy may not be in the physical state to leave home, so our in-home speech therapy visits are the best way to help them recover their voice once again. Caregivers are able to observe our process and implement exercises throughout the patient's daily activities.

- Help Improve ability to Communicate by addressing difficulties with speaking, listening, understanding language and swallowing.

7. Medical Social Services: Medical social workers meet with the patient and family/caregiver during their time of need and help them to make adjustments to the impact of illness and their health care.

Our medical social workers can provide assessment and possible referral to community resources for social, emotional, financial, and personal problems related to their illness and recovery. Our social service professionals can also assist with longterm planning and medication resources.



CONTACT US

www.harmony-healthcare.org

■ PH: (626) 833-1104

■ OF: (954) 999-5550

■ harmoniahome.k@gmail.com

📍 3333 West Commercial Blvd. Suite 111
Fort Lauderdale, FL. 33309